

Activities and Special Events Calendar January 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
**WEEKLY PROGRAMS	8:00 Toe Tappers PT 10:00 Craft Creations PT 10:30 Chair Yoga AZAL	9:30 Positively Fit - Intermediate AZAL 9:30 Spanish Club HIBIS 10:30 Positively Fit - Beginner AZAL 11:15 Bingo PT 1:00 Line Dancing for Beginners AZAL	9:00 Painting Club JAS 10:00 Knitting Circle ALOB 10:00 Tai Chi Chuan AZAL 12:30 Duplicate Bridge AZAL	8:00 Toe Tappers PT 9:30 Positively Fit - Intermediate AZAL 10:30 Positively Fit - Beginner AZAL 12:30 Contract Bridge JAS	10:00 Sewing Class HIBIS	
	**Schedules may vary.		CENTER CLOSED HAPPY NEW YEAR			10:00 Knitting Circle CYP 10:30 Chair Yoga JAS 12:30 Scrabble Club ALOB
	1:00 Quilt Stash Busters PT	9:00 Out and About The Shoppes at Carlsbad Mall	11:00 Francis Blume PT 12:00 Elvis Presley Birthday Luncheon PT 12:30 Scrabble Club ALOB 12:30 Sewing Group PT 12:30 Nutrition Advisory Committee Meeting HIBIS 1:00 Mahjong PT	10:00 Legal Assistance HIBIS 11:15 Basic Computer Class LAB	10:00 Knitting Circle JAS 10:30 Medicare Presentation and Bingo PT 10:30 Chair Yoga AZAL 12:30 Scrabble Club ALOB	
		9:00 Out & About Trader Joe's	9:00 AIS Area Plan Listening Session PT 9:15 Health Insurance Counseling (HICAP) HIBIS 11:30 Dining Room Opens for Lunch PT 1:00 Music Appreciation JAS 1:00 Mahjong PT	9:30 Nutrition Education/ Dietary Planning HIBIS 11:15 Basic Computer Class LAB	10:00 Knitting Circle JAS 10:30 Chair Yoga AZAL 1:00 Matinee Movie "Judy" PT	
	CENTER CLOSED MARTIN LUTHER KING JR. BIRTHDAY	9:00 Out & About Costco 11:00 San Diego Food Bank LOT	10:15 Mahjong PT 11:00 Lucille Gueverra on Piano PT 12:30 Scrabble Club ALOB 12:30 Sewing Group PT 1:00 Senior Commission Mtg HIBIS 1:00 Mahjong PT	9:00 Culture Caravan Trip - Dragons & Snapdragons in Encinitas 11:00 Randy Renner PT 12:00 Frost Fest Luncheon PT 12:45 Basic Computer Class LAB	10:00 Knitting Circle JAS 10:30 Chair Yoga AZAL 11:00 Mark Borgas on Guitar PT 12:30 Scrabble Club ALOB	
		9:00 Out & About 99 Cents Store/Goodwill/Stater Bros. 11:00 Book Club CYP	10:15 Mahjong PT 11:00 Lucille Gueverra on Piano PT 12:30 Scrabble Club ALOB 1:00 Mahjong PT	9:00 Culture Caravan Trip - Pala Casino 11:15 Basic Computer Class LAB	10:00 Knitting Circle JAS 10:30 Chair Yoga AZAL 11:45 Birthdays and Anniversaries Celebration PT 12:30 Scrabble Club ALOB	
	LOCATION LEGEND					
	ALOB Azalea Lobby	CYP Cypress Room	HIBIS Hibiscus Room	LOT Parking Lot (back)	PTLOB Park Terrace Lobby	
	AZAL Azalea Room	LAB Computer Classroom	JAS Jasmine Room	PT Park Terrace Café		