

Activities and Special Events Calendar October 2019

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
**WEEKLY PROGRAMS	8:00 Toe Tappers PT	9:30 Positively Fit - AZAL	9:00 Painting Club JAS	8:00 Toe Tappers PT	10:00 Sewing Class HIBIS	10:30 Chair Yoga AZAL	9:30 Positively Fit - AZAL	10:00 Knitting Circle CYP	10:30 Chair Yoga JAS
		9:30 Spanish Club HIBIS	10:00 Knitting Circle ALOB	9:30 Positively Fit - Intermediate AZAL	10:30 Chair Yoga JAS		10:00 Intermediate AZAL	10:30 Chair Yoga JAS	11:00 Mark Borgas on Guitar PT
		10:30 Positively Fit - Beginner AZAL	11:30 Lucille Gueverra on Piano PT	10:30 Positively Fit - Beginner AZAL	11:00 Mark Borgas on Guitar PT		11:15 Lunch and Learn LAB	11:00 Mark Borgas on Guitar PT	12:30 Scrabble Club ALOB
		11:15 Bingo PT	1:00 Music Appreciation JAS	12:30 Duplicate Bridge AZAL	12:30 Scrabble Club ALOB		11:15 Basic Computer Class & PT	12:30 Scrabble Club ALOB	
		1:00 Line Dance for Beginners AZAL		1:00 Mahjong PT	12:30 Nutrition Advisory Committee Meeting HIBIS		No Lunch and Learn on Oct. 31	12:30 Scrabble Club ALOB	
							No Positively Fit on Oct. 29 and 31		
		**Schedules may vary.					No Positively Fit on Oct. 29 and 31		
		1	2	3	4		5	6	
		9:00 Out and About The Shoppes at Carlsbad Mall	9:15 Health Insurance Counseling HIBIS	12:00 Oktoberfest Luncheon PT	10:00 Knitting Circle CYP			10:30 Chair Yoga JAS	
			11:30 Lucille Gueverra on Piano PT		10:30 Chair Yoga JAS			11:00 Mark Borgas on Guitar PT	
			1:00 Music Appreciation JAS		12:30 Scrabble Club ALOB			12:30 Scrabble Club ALOB	
		7	8	9	10		11		
1:00 Quilt Stash Busters PT	9:00 Out & About Trader Joe's		12:30 Scrabble Club ALOB	8:30 Culture Caravan Trip - Aquaponics Innovation Center	10:00 Knitting Circle JAS			10:30 Frozen Meals PT	
			12:30 Sewing Group PT		10:30 Frozen Meals PT			10:30 Chair Yoga AZAL	
			12:30 Nutrition Advisory Committee Meeting HIBIS		10:30 Chair Yoga AZAL			11:00 Mark Borgas on Guitar PT	
					10:00 Legal Assistance HIBIS			12:30 Scrabble Club ALOB	
		14	15	16	17		18		
	9:00 Out & About Costco	9:00 Out & About Costco	9:15 Health Insurance Counseling HIBIS	9:30 Nutrition Education/ Dietary Planning HIBIS	10:00 Knitting Circle JAS			10:30 Chair Yoga AZAL	
	10:30 Image Dental Group Q&A Presentation PT		11:30 Lucille Gueverra on Piano PT		10:30 Chair Yoga AZAL			11:00 Mark Borgas on Guitar PT	
	11:00 San Diego Food Bank LOT		1:00 Music Appreciation JAS		1:00 Matinee Movie "Yesterday" PT				
		21	22	23	24		25		
1:00 Quilt Stash Busters PT	9:00 Out & About 99 Cents Store and Goodwill		7:30 Culture Caravan Trip - Catalina Island					10:00 Knitting Circle JAS	
			12:30 Scrabble Club ALOB					10:30 Chair Yoga AZAL	
			12:30 Sewing Group PT					10:30 Frozen Meals PT	
								11:00 Mark Borgas on Guitar PT	
								11:45 Birthdays and Anniversaries Celebration PT	
								12:30 Scrabble Club ALOB	
		28	29	30	31				
	1:00 Book Club CYP		12:30 Scrabble Club CYP		11:00 Ricky Rivas PT				
					12:00 Halloween Buffet PT				

LOCATION LEGEND

ALOB Azalea Lobby	CYP Cypress Room	HIBIS Hibiscus Room	LOT Parking Lot (back)	PTLOB Park Terrace Lobby
AZAL Azalea Room	LAB Computer Classroom	JAS Jasmine Room	PT Park Terrace Café	