

Activities and Special Events Calendar August 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
**WEEKLY PROGRAMS	8:00 Toe Tappers PT 10:00 Craft Creations CYP 10:30 Chair Yoga AZAL	9:30 Positively Fit - Intermediate AZAL 10:30 Positively Fit - Beginner AZAL 11:15 Bingo PT 1:00 Line Dance for Beginners AZAL	9:00 Painting Club JAS 10:00 Knitting Circle CYP 10:00 Tai Chi Chuan AZAL 10:15 Mahjong PT 12:30 Duplicate Bridge AZAL 1:00 Mahjong PT	8:00 Toe Tappers PT 9:30 Positively Fit - Intermediate AZAL 10:30 Positively Fit - Beginner AZAL 12:30 Contract Bridge JAS	10:00 Sewing Class HIBIS 10:00 Knitting Circle JAS 10:30 Chair Yoga AZAL	
	**Schedules may vary.				No Positively Fit class on Aug. 1	
					1	2
					7:00 Culture Caravan Trip - Federal Reserve and Japanese American Museum	11:15 Youth Commission Game Day PT
					9:30 Hearing Screenings and Hearing Aid Cleanings HIBIS 11:00 Wild West Intergenerational Day with Day Camp Explorers PT	12:30 Scrabble Club ALOB
	5	6	7	8	9	
1:00 Quilt Stash Busters PT	9:00 Out & About Outing/Shopping	9:15 Health Insurance Counseling HIBIS 11:00 Lucille Guevarra on Piano PT 1:00 Music Appreciation JAS	10:00 Legal Assistance HIBIS 11:00 Randy Renner Entertainment PT 12:00 Summer Barbecue PT	10:30 Frozen Meals PT 11:00 Dominique Oei on Piano PT 12:30 Scrabble Club ALOB		
	12	13	14	15	16	
	9:00 Out & About Trader Joe's	12:30 Sewing Group PT 12:30 Nutrition Advisory Meeting HIBIS 12:30 Scrabble Club ALOB	9:30 Nutrition/Dietary Counseling HIBIS 11:00 Culture Caravan Trip - Del Mar Races	1:00 Matinee Movie "The Upside" PT		
	19	20	21	22	23	
1:00 Quilt Stash Busters PT	9:00 Out & About Costco 11:00 San Diego Food Bank LOT	9:15 Health Insurance Counseling HIBIS 10:00 National Senior Citizens Day PT 10:30 Sundance Band PT 1:00 Music Appreciation JAS		10:30 Frozen Meals PT 11:45 Birthdays and Anniversaries Celebration PT 12:30 Scrabble Club ALOB		
	26	27	28	29	30	
	9:00 Out & About 99¢ Store 1:00 Book Club CYP	10:00 Memory Screenings HIBIS 12:30 Sewing Group PT 12:30 Scrabble Club ALOB		11:00 Ricky Rivas Entertainment PT 12:00 Labor Day Luncheon PT 12:30 Scrabble Club ALOB		

LOCATION LEGEND

ALOB Azalea Lobby	CYP Cypress Room	HIBIS Hibiscus Room	LOT Parking Lot (back)	PTLOB Park Terrace Lobby
AZAL Azalea Room	LAB Computer Classroom	JAS Jasmine Room	PT Park Terrace Café	