

Activities and Special Events Calendar May 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
**WEEKLY PROGRAMS	8:00 Toe Tappers PT No practice on May 6	9:30 Positively Fit - Intermediate AZAL 9:30 Spanish Club HIBIS 10:30 Positively Fit - Beginner AZAL 10:30 Chair Yoga JAS 11:15 Bingo PT 1:00 Line Dance for Beginners AZAL	9:00 Painting Club JAS 10:00 Knitting Circle ALOB No Knitting on May 29 10:00 Tai Chi Chuan AZAL No Tai Chi Chuan on May 29 10:15 Mahjong PT 12:30 Duplicate Bridge AZAL No Duplicate Bridge on May 29	8:00 Toe Tappers PT 9:30 Positively Fit - Intermediate AZAL 10:30 Positively Fit - Beginner AZAL No Positively Fit on May 2 12:30 Contract Bridge JAS	10:00 Sewing Class HIBIS 10:00 Knitting Circle JAS 10:30 Chair Yoga AZAL No Chair Yoga on May 31
			9:15 Health Insurance Counseling (HICAP) HIBIS 1:00 Music Appreciation JAS	9:30 Hearing Screenings/ Hearing Aid Cleanings HIBIS	12:30 Scrabble Club ALOB
	1:00 Quilt Stash Busters AZAL Park Terrace Dining Room Closed for Repairs Lunch in Azalea Room	9:00 Out and About Scenic Drive "Carlsbad Flower Fields"	10:00 Ask a Nurse and Blood Pressure Screenings PTLOB 12:30 Nutrition Advisory Committee Meeting HIBIS 12:30 Scrabble Club ALOB 12:30 Sewing Group PT	10:00 Legal Assistance HIBIS	10:00 Popcorn PT 10:30 Frozen Meals PT 11:00 Entertainment by Randy Renner PT 12:00 Mother's Day Luncheon PT 12:30 Scrabble Club ALOB
		9:00 Out and About Trader Joe's	9:15 Health Insurance Counseling (HICAP) HIBIS 1:00 Music Appreciation JAS	9:30 Nutrition/Dietary Planning HIBIS	1:00 Movie Matinee featuring "Mary Poppins Returns" PT
	1:00 Quilt Stash Busters PT	9:00 Out and About Costco 11:00 San Diego Food Bank Food Distribution LOT	10:00 Memory Screenings HIBIS 12:30 Scrabble Club ALOB 12:30 Sewing Group PT 1:00 Senior Commission Meeting HIBIS	11:00 Toe Tappers Patriotic Show PT 12:00 Memorial Day Buffet PT	10:30 Frozen Meals PT 11:45 Birthdays and Anniversaries Celebration PT 12:30 Scrabble Club
	CENTER CLOSED	9:00 Out and About 99¢ Store 1:00 Book Club CYP	 26th ANNUAL NATIONAL SENIOR HEALTH & FITNESS DAY National Senior Health and Fitness Day FREE 9am - 1pm <i>"Live and Thrive with Exercise!"</i>		12:30 Scrabble Club ALOB
					

LOCATION LEGEND

ALOB Azalea Lobby	CYP Cypress Room	HIBIS Hibiscus Room	LOT Parking Lot (back)	PTLOB Park Terrace Lobby
AZAL Azalea Room	LAB Computer Classroom	JAS Jasmine Room	PT Park Terrace Café	