

# Activities and Special Events Calendar January 2019

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
**WEEKLY PROGRAMS	8:00 Toe Tappers <b>PT</b>	9:30 Positively Fit - <b>AZAL</b>	9:00 Painting Club <b>JAS</b>	8:00 Toe Tappers <b>PT</b>	10:00 Popcorn <b>PT</b>				
	10:30 Craft Creations <b>PT</b>	Intermediate	10:00 Knitting Circle <b>CYP</b>	9:30 Positively Fit - <b>AZAL</b>	10:00 Sewing Class <b>HIBIS</b>				
		9:30 Spanish Club <b>HIBIS</b>	<b>10:00 Tai Chi Chuan</b> <b>AZAL</b>	10:30 Positively Fit - Intermediate <b>AZAL</b>					
		10:30 Positively Fit - Beginner <b>AZAL</b>	<b>(Starts Jan. 9th)</b>	10:30 Positively Fit - Beginner <b>AZAL</b>					
		10:30 Chair Yoga <b>JAS</b>	12:30 Duplicate Bridge <b>AZAL</b>	<b>No Positively Fit class on Jan. 31</b>					
		11:15 Bingo <b>PT</b>		12:30 Contract Bridge <b>JAS</b>					
		1:00 Line Dance for Beginners <b>AZAL</b>							
	<b>**Schedules may vary.</b>								
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>					
	<b>NEW YEAR'S DAY CENTER CLOSED</b>	9:15 Health Insurance Counseling (HICAP) <b>HIBIS</b>		10:00 Knitting Circle <b>ALOB</b>					
		10:15 Mahjong <b>PT</b>		10:30 Chair Yoga <b>JAS</b>					
		1:00 Music Appreciation <b>JAS</b>		<b>11:00 Peter Seltzer</b> <b>PT</b>					
				<b>12:00 Welcoming the New Year Buffet</b> <b>PT</b>					
				12:30 Scrabble Club <b>ALOB</b>					
	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>				
1:00 Quilt Stash Busters <b>PT</b>	9:00 Out and About <b>Scenic Drive</b>	10:15 Mahjong <b>PT</b>	10:00 Legal Assistance <b>HIBIS</b>	10:00 Knitting Circle <b>JAS</b>					
		12:30 Scrabble Club <b>ALOB</b>		10:30 Chair Yoga <b>AZAL</b>					
		12:30 Nutrition Advisory Committee Meeting <b>HIBIS</b>		10:30 Frozen Meals <b>PT</b>					
		12:30 Sewing Group <b>PT</b>		12:30 Scrabble Club <b>ALOB</b>					
	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>				
		9:00 Out and About <b>Trader Joe's</b>	9:15 Health Insurance Counseling (HICAP) <b>HIBIS</b>	9:30 Nutrition/Dietary Planning <b>HIBIS</b>	10:00 Knitting Circle <b>JAS</b>				
		11:00 San Diego Food Bank Food Distribution <b>LOT</b>	10:15 Mahjong <b>PT</b>		10:30 Chair Yoga <b>AZAL</b>				
			1:00 Music Appreciation <b>JAS</b>		11:15 Trivia with Yolanda <b>PT</b>				
					1:00 Matinee Movie <b>PT</b>				
					Featuring "Christopher Robin"				
	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>				
	<b>MARTIN LUTHER KING JR. DAY CENTER CLOSED</b>	9:00 Out and About <b>Costco</b>	<b>11:00 Randy Renner Sings</b> <b>PT</b>		10:00 Knitting Circle <b>JAS</b>				
		1:00 Book Club <b>CYP</b>	<b>12:00 Winter Wonderland Luncheon</b> <b>PT</b>		10:30 Chair Yoga <b>AZAL</b>				
			12:30 Sewing Group <b>PT</b>		10:30 Frozen Meals <b>PT</b>				
			12:30 Scrabble Club <b>ALOB</b>		11:45 Birthday and Anniversary Celebration <b>PT</b>				
			1:00 Senior Commission Mtg <b>HIBIS</b>		12:30 Scrabble Club <b>ALOB</b>				
	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>					
9:00 Tax Preparation <b>CYP</b>	9:00 Out and About <b>99¢ Store</b>	10:15 Mahjong <b>PT</b>	9:00 Tax Preparation <b>CYP</b>						
		12:30 Scrabble Club <b>ALOB</b>							

### LOCATION LEGEND

<b>ALOB</b> Azalea Lobby	<b>CYP</b> Cypress Room	<b>HIBIS</b> Hibiscus Room	<b>LOT</b> Parking Lot (back)	<b>PTLOB</b> Park Terrace Lobby
<b>AZAL</b> Azalea Room	<b>LAB</b> Computer Lab	<b>JAS</b> Jasmine Room	<b>PT</b> Park Terrace Café	