

VISTA RECREATION AND COMMUNITY SERVICES DEPARTMENT



2018-19 PARENT'S YOUTH BASKETBALL GUIDE



Welcome to Vista's Youth Basketball Association (YBA) program. Please refer to this guide as a source of general information about the YBA. Detailed information, such as game and practice schedules will be posted on the YBA internet website, at the address: www.vistarecreation.com

PLAYER ASSESSMENT

All boys and girls registered in Divisions C, B, A and AA must be assessed at the date and time listed below. The purpose of the assessments is to identify each child's ability for the purpose of equalizing the skill level of each team. **You will not be called to be reminded of this date.** Please bring your child in on the date and time listed below. Assessments are held at The Jim Porter Recreation Center Gym at Brengle Terrace Park. The dates and times are as follows:

Boys:

Division C – Born in 2009
Division B – Born in 2007 –2008
Division A - Born in 2005-2006
Division AA – Born in 2001-2004

Assessment Date

Monday, Nov. 5th - A-Z 6pm
Wednesday, Oct. 24th. A-L 6pm, M-Z 7pm
Monday, Oct 29th. A-L 6pm, M-Z 7pm
Wednesday, Nov. 14th - A-Z 6pm

Girls:

Division B – Born in 2007-2008
Division A – Born in 2005-2006

Monday, Oct. 22nd, 6pm
Monday, Oct. 22nd, 7pm

PARENT'S MEETING

A parent or guardian must attend one of the parent's meetings. They are held on October 22nd, October 24th and October 29th from 6pm-7pm at Jim Porter Recreation Center.

Program Goals:

The Youth Basketball Association Program is strategically designed to be a fun, positive and beneficial experience for each child. Upon completion of the season's activity, each participant will have:

- Strengthened their physical competency and skill
- Learned and exhibited behavior that respects the game and all individuals involved (sportsmanship)
- Developed skills that ensure the ability to work with others and develop relationships
- Enhanced judgment skills that ensure the ability to plan, evaluate, make decisions and solve problems
- Developed a broad base of knowledge of basketball

ADVISORY BOARD

The seven member board oversees the operating procedures and policy of the YBA program. Concerns relating to the YBA program may be addressed at a monthly board meeting.

RULES AND EQUIPMENT:

The YBA program follows the 2018-2019 National Federation Rule Book (high school), with some league modifications. Several of the modifications are listed below:

Ball

- Bidy Basketball junior size basketball
- Little Dunkers, Lady Dunker, Boys C & Girls Divisions B & A use 28.5" intermediate basketball
- Boys Divisions B, A and AA use official size basketball.

Free Throw Distance

- Bidy Ball, Little Dunkers, Girls B and Boys C- 12 feet
- Girls A and Boys B, A, and AA – 15 feet

“OVER”

Backcourt Pressure

- Bidy Ball and Little Dunkers – NO backcourt pressure is permitted
- Boys Division C and Girls Division B – No backcourt pressure will be allowed until the last two minutes of the fourth quarter. During the last two minutes of the fourth quarter only the team that is behind in the score may pressure the ball (if score is tied, no pressure may be applied in the backcourt.)
- Boys Division B, A, AA and Girls A – Backcourt pressure permitted unless a 20 point or greater lead is maintained whereby backcourt pressure is a violation

PLAYER PARTICIPATION

In each YBA division, players are guaranteed a minimum playing time, provided that they have attended practices prior to the game. The playing time requirements are:

- Little Dunkers – children must play two full quarters of each game.
- Divisions C, B, A, (boys) and B, A (girls) – a) All players are required to start either the 1st or 2nd half of the game and play five (5) consecutive minutes. Each player must play five (5) consecutive minutes in the half in which the player is not a starter. Each player must sit out five (5) consecutive minutes at any point in the game.
- Division AA is the same as above rule except four consecutive minutes are observed instead of five.

The only exceptions to the rules are as follows: 1) Bona fide injury, 2) Ejection, 3) Fouling out, 4) Disciplinary reasons (must receive approval 24 hours prior to the start from League Director in this case.) In the event a player arrives late to a game, but prior to the start of the second quarter, he/she is still required to play five consecutive minutes in that quarter. If a player arrives after the start of the second quarter, he/she will be required to play the minimum play rule in the second half. Coaches are encouraged to use discretion in substituting when maintaining leads of twenty points or more.

SPORTSMANSHIP

Sportsmanship is characterized by actions and behavior, which respect the game, its coaches, officials, teammates, opposing team members, and fans. All parents, coaches, and officials are expected to be sportsmanlike throughout the season. One of the league's most prestigious awards is given to a team in each division whose behavior and actions provide a model of good sportsmanship.

COACHES:

The numerous duties and tasks required to be a coach make this voluntary position very demanding. Every parent must realize that their help to the coach is essential to the needs of the team. Please offer your child's coach a helping hand and a voice of support. Coaches are encouraged to select a team coordinator to assist them in organizing team activities.

OFFICIALS

The YBA program works with the North County Basketball Officials Association in providing game officials. As the youth leagues give novice officials an opportunity to increase their level of skill, one can expect to see mistakes. Keep in mind that insults or negative statements directed at officials set a poor example for the players and cause more problems than they solve.

SPONSORS

Individuals, local businesses, and community organizations support a large percentage of the YBA program through financial contributions. If you, your company, or someone you know may be interested in sponsoring a team, please call Ryan Snyder at 760-643-5273

PANCAKE BREAKFAST

The Amigos de Vista Lions Club will be conducting a Pancake Breakfast on Saturday, February 16, at the Brengle Terrace Senior Center, 1400 Vale Terrace. This is a fundraiser for our YBA program and participants are asked to sell tickets for this event, for more information call 760-643-5275.