

McClellan Senior Center Lunch and Salad Menu for September 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Veal Schnitzel with Herb Gravy Sweet Red Cabbage Parsley Potatoes Fresh Roll Baked Apples ~or~ Tuna Salad Sandwich on Wheat Bread
5 LABOR DAY CENTER CLOSED 	6 Stuffed Cabbage in Tomato Sauce Mashed Potatoes Green Beans Wheat Roll Diced Peaches ~or~ Chicken Salad Sandwich on a Croissant	7 Swedish Meatballs Egg Noodles Carrot Salad * Buttered Broccoli Buttered Broccoli Emerald Pears ~or~ Tuna Platter with Garden Vegetables	8 Pork Shank with Gravy Twice Baked Potato Mixed Vegetables Roll Fresh Melon ~or~ Turkey and Cheddar on Wheat Bread	9 Monterey Chicken w/ Cheese Sauce Rice Pilaf Green Bean Nicoise Spinach Salad Yogurt with Berries ~or~ Vegetarian Greek Salad
12 Baked Ham Steak Pineapple Sauce Scalloped Potatoes Mixed Vegetables * Bread Pudding Fresh Orange ~or~ Fruit Platter with Cottage Cheese	13 Salmon Fillet Bearnaise Sauce Harvest Rice * Asparagus Tips Tossed Salad Mixed Berry Parfait ~or~ Greek Chicken Pita Sandwich	14 Meat Loaf with Gravy Normandy Vegetables Red Potatoes Fresh Roll Peach Crisp ~or~ Turkey and Cheddar Chef's Salad	15 Fried Chicken Fillet with Gravy Macaroni and Cheese Scandinavian Vegetables Cole Slaw Mandarin Oranges ~or~ Ham and Swiss on Rye	16 Yankee Pot Roast Mashed Potatoes Oregon Bean Medley Fresh Roll Apple Strudel ~or~ Caribbean Chicken Salad
19 Brunch for Lunch  Baked Omelette Sausage Hash Browns Coffee Cake Fresh Strawberries ~or~ Taco Salad	20 Roast Turkey with Gravy Candied Yams Brussels Sprouts Cornbread Dressing Oatmeal Cookies ~or~ Chicken Caesar Wrap	21 Chicken Oscar Wild Rice Pilaf Peas and Carrots Tossed Salad Fresh Melon Slices ~or~ Ham Salad on Mixed Greens	22 Homemade Lasagna Green Beans Garlic Bread Salad Chocolate Brownies ~or~ Tuna Salad on a Croissant	23 Pork Roast with Glazed Apples Mashed Potatoes California Vegetables Fresh Roll Cherry Crisp ~or~ Fruit Platter with Cottage Cheese
26 Meat Loaf with Gravy Mashed Potatoes Buttered Corn Fresh Roll Mandarin Oranges ~or~ Pasta and Chicken Salad	27 Turkey Tetrazzini Egg Noodles Tossed Salad * Mixed Vegetables Tropical Fruit Chocolate Chip Cookie ~or~ Italian Sub with Salami and Provolone	28 Roast Beef with Gravy Baked Potato Seasoned Broccoli Fresh Roll Cherry Cobbler ~or~ Caribbean Chicken Salad	29 Italian Veal Steak with Mild Marinara Sauce Spaghetti Noodles Caesar Salad * Buttered Corn Fresh Pineapple ~or~ Turkey and Cheddar on Sourdough	30 Breaded Fish Fillet Macaroni and Cheese Mixed Vegetables Cole Slaw Fresh Strawberries * Cake ~or~ Chicken Caesar Salad

To order home delivered meals, call (760) 639-6162. Suggested contribution for a home delivered meal is \$4.00.

No eligible person shall be denied a meal because of failure or inability to contribute.