







# McClellan Senior Center Lunch and Salad Menu for May 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Mother's Day Luncheon (May 11) and Memorial Day Buffet (May 25) will be served at noon!</b></p> 	<p><b>1</b></p> <p><b>Chicken Pot Pie</b>                      Chuck Wagon Corn                      Tossed Salad                      Fresh Roll                      Fresh Strawberries                      ~or~  <b>Martha's Vineyard Salad</b></p>	<p><b>2</b></p> <p><b>Meat Loaf with Gravy</b>                      Rosemary Potatoes                      Winter Blend Vegetables                      Fresh Roll                      Baked Apples ~or~ <b>Turkey and Provolone on Wheat</b>  <b>Jackie Thornton on Piano</b></p>	<p><b>3</b></p> <p><b>Breakfast for Lunch</b>  <b>Ham and Cheddar Quiche</b>                      Hash Brown Potatoes                      Salsa * Sausage Pattie                      Melon Wedge                      ~or~ <b>Tuna Pasta Salad on Shredded Lettuce</b>  <b>Glydell Knight and Don Waters</b></p> 	<p><b>4</b></p> <p><b>Baked Fish Filet</b>                      Lemon Pepper Sauce                      Wild Rice Pilaf * Peas &amp; Pearl Onions                      Tossed Salad * Fresh Orange                      Raspberry Sherbet                      ~or~ <b>Cobb Salad</b>  <b>Henry DeMichele on Piano</b></p>
<p><b>7</b></p> <p><b>Chopped Steak with Gravy</b>                      Twice Baked Potato                      Cape Cod Vegetables                      Fresh Roll                      Pear Halves                      ~or~ <b>Vegetarian Greek Salad</b>  <b>Mira Costa College Carmen Opera</b></p>	<p><b>8</b></p> <p><b>Pork Shank with Gravy</b>                      Scalloped Potatoes                      Mixed Vegetables                      Fresh Roll * Roasted Apples                      ~or~ <b>Homemade Chicken Salad on a Bed of Lettuce</b>  <b>Bingo for Prizes</b></p>	<p><b>9</b></p> <p><b>Chicken Béarnaise</b>                      Wild Rice                      Asparagus                      Spinach Salad                      Fresh Strawberries with Cream                      ~or~  <b>Tuna Salad on a Croissant</b></p>	<p><b>10</b></p> <p><b>Enchilada Casserole</b>                      Mexican Rice                      Tossed Salad                      Melon Wedge * Orange Sherbet                      ~or~  <b>Italian Pasta Salad</b>  <b>Glydell Knight and Don Waters</b></p>	<p><b>Mother's Day Luncheon 11</b></p> <p><b>Chicken Parmesan Casserole</b>                      Spaghetti Noodles * Buttered Peas                      Italian Tossed Salad                      Mandarin Oranges                      Raspberry Swirl Cheesecake                      ~or~ <b>Taco Salad</b>  <b>Henry DeMichele on Piano</b></p> 
<p><b>14</b></p> <p><b>Meat Loaf with Gravy</b>                      Mashed Potatoes                      Parsley Carrots                      Fresh Roll                      Fruit Salad                      ~or~ <b>Caribbean Chicken Salad</b>  <b>Jacques Vermeyen on Piano</b></p>	<p><b>15</b></p> <p><b>Free Coffee Day</b></p>  <p><b>Chicken Pot Pie</b>                      New Potatoes                      Buttered Broccoli                      Fresh Roll * Golden Banana                      Chocolate Ice Cream                      ~or~ <b>Parisian Café Salad</b>  <b>Bingo for Prizes</b></p>	<p><b>16</b></p> <p><b>Chicken Cordon Bleu</b>                      Herbed Gravy                      Egg Noodles                      Green Beans                      Pickled Beets * Fresh Melon                      ~or~  <b>Ham and Swiss on Rye</b></p>	<p><b>17</b></p> <p><b>Roast Turkey and Gravy</b>                      Cranberry Sauce                      Brussels Sprouts                      Cornbread Dressing                      Pumpkin Dessert                      ~or~ <b>Cottage Cheese with Fruit</b>  <b>Glydell Knight and Don Waters</b></p>	<p><b>18</b></p> <p><b>Salmon Filet</b>                      Lemon Dill Sauce                      Steamed Rice * Broccoli Florets                      Tossed Salad * Pear Halves                      Birthday Cake                      ~or~ <b>Chicken Caesar Salad</b>  <b>Henry DeMichele on Piano</b></p>
<p><b>21</b></p> <p><b>Breaded Fish Filet</b>                      Harvest Rice                      Green Beans                      Tossed Salad                      Tropical Fruit                      ~or~ <b>Cobb Salad</b>  <b>Jacques Vermeyen on Piano</b></p>	<p><b>22</b></p> <p><b>Stuffed Cabbage</b>                      Garlic Mashed Potatoes                      Oriental Vegetables                      Fresh Roll * Pineapple Ambrosia                      ~or~ <b>Cottage Cheese w/Strawberries</b>  <b>Patriotic Sing-A-Long with Mary Lou and Jimmy Ritch</b></p>	<p><b>23</b></p> <p><b>Beef Soft Taco</b>                      Refried Beans                      Santa Fe Salad                      Fresh Melon                      Churros                      ~or~ <b>Tuna Salad on Wheat</b>  <b>Jackie Thornton on Piano</b></p>	<p><b>24</b></p> <p><b>Apricot Glazed Chicken</b>                      Red New Potatoes                      Marinated Vegetables                      Baked Apples with Cinnamon                      ~or~  <b>Turkey Chef's Salad</b>  <b>Glydell Knight and Don Waters</b></p>	<p><b>25</b></p> <p><b>Memorial Day Buffet</b></p> <p><b>Barbecued Pork Ribs * Hot Dogs</b>                      Home Style Macaroni and Cheese                      Mixed Vegetables                      Tossed Salad                      Peach Pie a la Mode</p>  <p><b>Henry DeMichele on Piano</b></p>
<p><b>28</b></p> <p><b>MEMORIAL DAY CENTER CLOSED</b></p> 	<p><b>29</b></p> <p><b>Sliced Roast Beef</b>                      Carolina Barbecued Sauce                      Baked Beans                      Cole Slaw * Cornbread                      Fruit Salad ~or~ <b>Chicken Salad on a Bed of Lettuce</b>  <b>Dominique Oei and Pierre Tcheng</b></p>	<p><b>30</b></p> <p><b>Roast Turkey and Gravy</b>                      Seasoned Rice                      Chuck Wagon Corn                      Spinach Salad                      Sweet Potato Tart                      ~or~ <b>Roast Beef and Cheddar on an Onion Roll</b></p>	<p><b>31</b></p> <p><b>Fried Chicken</b>                      Mashed Potatoes                      Gravy                      Buttered Broccoli                      Strawberry Shortcake                      ~or~ <b>Greek Pasta Salad</b>  <b>Glydell Knight and Don Waters</b></p>	<p><b>Burgers must be ordered by 12:15 p.m.</b></p> <p><b>Daily Substitutions:</b>  <b>Hamburger with French Fries</b>  <b>Cheeseburger with French Fries</b>  <b>Veggie Burger with French Fries</b>  <b>Salad or Deli Platter (see menu) and Soup of the Day</b>  <b>No substitutions on buffet days.</b></p>

•Reservations may be made same day or one day in advance. Call 724-3362 between 9:00 am and 12 noon. Suggested contribution: Age 60+: \$3.50; guests under 60: \$6.00 charge.  
 •Center hours are 8:00 am to 4:00 pm Monday through Friday. Front office phone number is (760) 639-6160. Lunch is served from 11:30 a.m. to 12:30 p.m. Buffet and special luncheons are served at noon.  
 No eligible person shall be denied a meal because of failure or inability to contribute.