

# McClellan Senior Center Lunch and Salad Menu for February 2010

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Substitutions Daily:**  
 Hamburger with French Fries  
 Cheeseburger with French Fries  
 Veggie Burger with French Fries  
 Salad or Deli Platter and Soup (see menu)  
 Order no later than 11:45 a.m.



<p><b>1</b></p> <p><b>Monterey Chicken</b>                  Spanish Rice                  Calico Corn                  Tossed Salad                  Mandarin Oranges                  ~or~ <b>Chef's Salad</b>  <i>Jacques Vermeyen on Piano</i></p>	<p><b>2</b></p> <p><b>Veal Fillet with Mushroom Gravy</b>                  Mashed Potatoes                  California Vegetables                  Roll                  Fresh Apple                  ~or~ <b>Gourmet Roast Beef Sandwich with Side Salad</b></p>	<p><b>3</b></p> <p><b>Swiss Steak</b>                  Hash Browns                  Mixed Vegetables                  Sliced Bread * Tropical Fruit                  Chocolate Chip Cookie                  ~or~ <b>Greek Chicken Salad</b>  <i>Leona Puckett on Piano</i></p>	<p><b>4</b></p> <p><b>Chicken Parmesan</b>                  Spaghetti Noodles                  Oregon Bean Medley                  Tossed Salad * Fresh Orange                  ~or~ <b>Ham and Swiss Sandwich on a Kaiser Roll with Side Salad</b>  <i>Glydell Knight and Don Waters</i></p>	<p><b>5</b></p> <p><b>Roast Turkey with Gravy</b>                  Candied Yams * Buttered Asparagus                  Cornbread Dressing                  Apple Raisin Crisp                  ~or~ <b>Cottage Cheese with Fruit Salad</b>  <i>Henry DeMichele on Piano</i></p>
<p><b>8</b></p> <p><b>Teriyaki Pork Shank</b>                  Fried Rice                  Steamed Broccoli                  Vegetable Egg Roll                  Pineapple Ring                  ~or~ <b>Tuna Salad</b>  <i>Jacques Vermeyen on Piano</i></p>	<p><b>9</b></p> <p><b>Braised Beef Tips</b>                  Egg Noodles * Spinach Salad                  Tuscany Vegetables                  Mandarin Oranges                  ~or~ <b>Vegetarian Sandwich on Wheat with Side Salad</b>  <i>Harriet Steele on Piano</i></p>	<p><b>10</b></p> <p><b>Chicken Pot Pie</b>                  Pickled Beets                  Tossed Salad                  Fresh Roll                  Fruit Salad                  ~or~ <b>Seafood Salad</b>  <i>Bingo for Prizes</i></p>	<p><b>11</b></p> <p><b>Barbecued Pork Ribs</b>                  Baked Beans                  Cole Slaw * Fresh Roll                  Peach Cobbler                  ~or~ <b>Pastrami Sandwich on Rye with Provolone, Lettuce &amp; Tomato</b>  <i>Glydell Knight and Don Waters</i></p>	<p><b>12</b></p> <p><b>Sweetheart Buffet</b>                  Chicken Oscar * Beef Wellington                  Scalloped Potatoes                  Mixed Greens Salad                  Glazed Carrots                  Tropical Fruit                  Red Velvet Supreme  <i>Henry DeMichele on Piano</i></p> 
<p><b>15</b></p> <p><b>PRESIDENTS' DAY                  CENTER CLOSED</b></p> 	<p><b>16</b></p> <p><b>Orange Chicken</b>                  Jasmine Rice * Roasted Vegetables                  Tossed Salad * Fresh Apple                  Almond Cookies                  ~or~ <b>Gourmet Roast Beef Sandwich on Sourdough with Side Salad</b>  <i>Bingo for Prizes</i></p>	<p><b>17</b></p> <p><b>Meat Loaf with Gravy</b>                  Red Potatoes                  Winter Vegetables                  Sliced Bread                  Pumpkin Pie Tart                  ~or~ <b>Chicken Salad</b>  <i>Leona Puckett on Piano</i></p>	<p><b>18</b></p> <p><b>Honey Baked Ham</b>                  Raisin Sauce * Baked Yams                  Mixed Vegetables                  Fresh Roll * Pineapple Crisp                  ~or~ <b>Turkey and Swiss on Croissant with Side Salad</b>  <i>Glydell Knight and Don Waters</i></p>	<p><b>19</b></p> <p><b>Salmon Fillet</b>                  Béarnaise Sauce                  Brown Rice * Vegetable Soup                  Tossed Salad                  Blushing Pear Halves                  ~or~ <b>Taco Salad</b>  <i>Henry DeMichele on Piano</i></p>
<p><b>22</b></p> <p><b>Beef Stew in a Pastry Shell</b>                  Tossed Salad                  Seasoned Squash                  Strawberry Parfait                  ~or~  <b>Chef's Salad</b>  <i>Jacques Vermeyen on Piano</i></p>	<p><b>23</b></p> <p><b>Bourbon Barbecued Chicken</b>                  Potato Wedges                  Green Beans                  Fresh Roll * Cherry Strudel                  ~or~ <b>Tuna Salad Sandwich with Side Salad</b>  <i>Harriet Steele on Piano</i></p>	<p><b>24</b></p> <p><b>Home Made Lasagna</b>                  Italian Tossed Salad                  Buttered Corn                  Garlic Bread * Fresh Orange                  Lime Sherbert                  ~or~ <b>Caribbean Chicken Salad</b>  <i>Leona Puckett on Piano</i></p>	<p><b>25</b></p> <p><b>Apple Glazed Pork Roast</b>                  Red Potatoes                  Club Spinach                  Fresh Roll * Chunky Applesauce                  ~or~ <b>Roast Beef Sandwich with Side Salad</b>  <i>Glydell Knight and Don Waters</i></p>	<p><b>26</b></p> <p><b>Country Chicken and Gravy</b>                  Egg Noodles                  Oregon Bean Medley                  Stewed Tomatoes * Tropical Fruit                  Birthday Cake                  ~or~ <b>Seafood Salad</b>  <i>Henry DeMichele on Piano</i></p>

- Reservations may be made same day or one day in advance. Call 724-3362 between 9:00 am and 12 noon. Suggested contribution: Age 60+: \$3.50; guests under 60: \$6.00 charge.
- Center hours are 8:00 am to 4:00 pm Monday through Friday. Front office phone number is (760) 639-6160.
- No eligible person shall be denied a meal because of failure or inability to contribute.