

McClellan Senior Center Activities and Services* for February 2010

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LOCATION LEGEND:
AZAL-Azalea Room
JAS-Jasmine Room
LAB-Computer Lab
PT-Park Terrace Café
CONF-Conference Room
PALM-Palm Game Room
IPAT-Patio Area
LOB- Main Lobby Area
ALOB-Azalea Lobby Area

***Activities subject to change. Please call 760.639.6160 to verify dates and times. See pages 20-23 of the Vista Senior Voice for a complete description of services, activities, and programs. OASIS catalogs and registration forms are available in the administration office.**



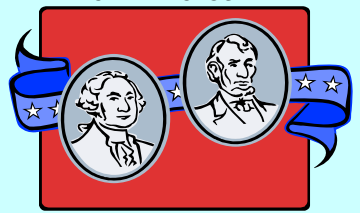
	1	GROUNDHOG DAY	2	3	4	5
8:00 Fitness Class	AZAL	8:00 Fitness Class	AZAL	7:00 Sunrise Kiwanis	PT	8:00 Fitness Class
8:00 Sunset Strummers	JAS	9:45 Positively Fit	AZAL	8:00 Fitness Class	AZAL	8:00 Sunset Strummers
9:00 Toe Tappers	PT	10:00 Spanish	CONF	9:00 Case Management	CONF	9:00 Toe Tappers
9:30 Fitness Class	AZAL	10:00 Audiomobile	LOB	9:15 HICAP	CONF	9:45 Positively Fit
10:00 Computer Lab	LAB	10:00 Computer Lab	LAB	9:30 Fitness Class	AZAL	10:00 Computer Lab
11:30 Line Dance-Beg.	AZAL	10:45 Positively Fit	AZAL	9:30 Vista 60+ Club	JAS	10:45 Positively Fit
1:00 Poker	ALOB	12:00 Drop-In Cards	ALOB	10:00 Stretch Exercise with Carl	PT	12:45 Bridge
1:00 After Lunch Fun Bunch	PAT	1:00 Yoga	AZAL	10:00 Computer Lab	LAB	1:00 Case Management
1:30 Line Dance-Intermediate/Advanced	AZAL	1:00 OASIS - Introduction to Computers	LAB	10:00 Knitting Circle	ALOB	1:00 OASIS - Introduction to Computers
		1:00 OASIS-Happy Time Banjo	JAS	11:30 Line Dance-Intermediate	AZAL	1:00 OASIS - The True Mediterranean Diet
		1:45 Friendship Group	PT	12:30 Duplicate Bridge	JAS	
			PT	1:00 Line Dance-Intermediate Plus	AZAL	



	8	9	10	11	12
8:00 Fitness Class	AZAL	8:00 Fitness Class	AZAL	8:00 Fitness Class	AZAL
8:00 Sunset Strummers	JAS	9:45 Positively Fit	AZAL	8:00 Sunset Strummers	JAS
9:00 Toe Tappers	PT	10:00 Spanish	CONF	9:00 Toe Tappers	PT
9:30 Fitness Class	AZAL	10:00 Audiomobile	LOB	9:45 Positively Fit	AZAL
9:30 Legal Services	CONF	10:00 Computer Lab	LAB	10:00 Computer Lab	LAB
10:00 Computer Lab	LAB	10:45 Positively Fit	AZAL	10:45 Positively Fit	AZAL
11:30 Line Dance-Beg.	AZAL	11:45 Benefits of Wine & Chocolate	PT	11:00 Blood Pressure Checks	LOB
1:00 Poker	ALOB	12:00 Drop-In Cards	ALOB	11:30 Cake Walk	PT
1:00 After Lunch Fun Bunch	PAT	1:00 Yoga	AZAL	12:45 Bridge	JAS
1:30 Line Dance-Intermediate/Advanced	AZAL	1:00 OASIS-Life and Love Forever	JAS		
		1:00 OASIS-Gone Blogging	LAB		
		1:45 Friendship Group	PT		



	15	16	17	18	19
PRESIDENTS' DAY CENTER CLOSED					
		8:00 Fitness Class	AZAL	8:00 Fitness Class	AZAL
		9:45 Positively Fit	AZAL	8:00 Sunset Strummers	JAS
		10:00 Spanish	CONF	9:00 Toe Tappers	PT
		10:00 Audiomobile	LOB	9:30 Nutrition Education	CONF
		10:00 Computer Lab	LAB	9:30 Positively Fit	AZAL
		10:00 OASIS-Estate Planning	JAS	10:00 Sell Your Wares Fundraiser	PT
		10:45 Positively Fit	AZAL	10:00 Computer Lab	LAB
		11:15 Bingo for Prizes	PT	10:45 Positively Fit	AZAL
		12:00 Drop-In Cards	ALOB	12:45 Bridge	JAS
		1:00 OASIS-Gone Blogging	LAB	1:00 OASIS-Speak Up: Conducting Your Meetings Properly	AZAL
		1:00 Yoga	AZAL		
		1:45 Friendship Group	PT		



	22	23	24	25	26
8:00 Fitness Class	AZAL	8:00 Fitness Class	AZAL	8:00 Fitness Class	AZAL
8:00 Sunset Strummers	JAS	9:15 Blood Pressure Checks	ALOB	8:00 Sunset Strummers	JAS
9:00 Toe Tappers	PT	9:45 Positively Fit	AZAL	9:00 Toe Tappers	PT
9:30 Fitness Class	AZAL	10:00 Spanish	CONF	9:45 Positively Fit	AZAL
9:30 Legal Services	CONF	10:00 Audiomobile	LOB	10:00 Computer Lab	LAB
10:00 Computer Lab	LAB	10:00 Computer Lab	LAB	10:00 Knitting Circle	ALOB
11:30 Line Dance-Beg.	AZAL	10:00 OASIS-Paper Pile Up: Where to Begin	JAS	10:00 Weekly Wii and Popcorn	PT
1:00 Poker	ALOB	10:30 Mainly Mozart Concert	PT	10:45 T'ai Chi Chih	JAS
1:00 After Lunch Fun Bunch	PAT	10:45 Positively Fit	AZAL	11:00 Frozen Meals	PT
1:00 OASIS- Google: It's More Than You Think	LAB	12:00 Drop-In Cards	ALOB	11:15 Out and About Friendship Luncheon	AZAL
1:30 Line Dance-Intermediate/Advanced	AZAL	1:00 Yoga	AZAL		
		1:45 Friendship Group	PT		

