

McClellan Senior Center Lunch and Salad Menu for February 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Monterey Chicken Spanish Rice Calico Corn Tossed Salad Mandarin Oranges ~or~ Chef's Salad	Veal Fillet with Mushroom Gravy Mashed Potatoes California Vegetables Roll Fresh Apple ~or~ Gourmet Roast Beef Sandwich with Side Salad	Swiss Steak Hash Browns Mixed Vegetables Sliced Bread * Tropical Fruit Chocolate Chip Cookie ~or~ Greek Chicken Salad	Chicken Parmesan Spaghetti Noodles Oregon Bean Medley Tossed Salad Fresh Orange ~or~ Ham and Swiss Sandwich on a Kaiser Roll with Side Salad	Roast Turkey with Gravy Candied Yams Buttered Asparagus Cornbread Dressing Apple Raisin Crisp ~or~ Cottage Cheese with Fruit Salad
8	9	10	11	12
Teriyaki Pork Shank Fried Rice Steamed Broccoli Vegetable Egg Roll Pineapple Ring ~or~ Tuna Salad	Braised Beef Tips Egg Noodles Spinach Salad Tuscany Vegetables Mandarin Oranges ~or~ Vegetarian Sandwich on Wheat with Side Salad	Chicken Pot Pie Pickled Beets Tossed Salad Fresh Roll Fruit Salad ~or~ Seafood Salad	Barbecued Pork Ribs Baked Beans Cole Slaw * Fresh Roll Peach Cobbler ~or~ Pastrami Sandwich on Rye with Provolone, Lettuce and Tomato	Chicken Oscar Scalloped Potatoes Glazed Carrots Tropical Fruit ~or~ Beef Caesar Salad
15	16	17	18	19
PRESIDENTS' DAY CENTER CLOSED 	Orange Chicken Jasmine Rice Roasted Vegetables Tossed Salad * Fresh Apple Almond Cookies ~or~ Gourmet Roast Beef Sandwich on Sourdough with Side Salad	Meat Loaf with Gravy Red Potatoes Winter Vegetables Sliced Bread Pumpkin Pie Tart ~or~ Chicken Salad	Honey Baked Ham Raisin Sauce * Baked Yams Mixed Vegetables Fresh Roll Pineapple Crisp ~or~ Turkey and Swiss on Croissant with Side Salad	Salmon Fillet Béarnaise Sauce Brown Rice * Vegetable Soup Tossed Salad Blushing Pear Halves ~or~ Taco Salad
22	23	24	25	26
Beef Stew in a Pastry Shell Tossed Salad Seasoned Squash Strawberry Parfait ~or~ Chef's Salad	Bourbon Barbecued Chicken Potato Wedges Green Beans Fresh Roll Cherry Strudel ~or~ Tuna Salad Sandwich with Side Salad	Home Made Lasagna Italian Tossed Salad Buttered Corn Garlic Bread Fresh Orange ~or~ Caribbean Chicken Salad	Apple Glazed Pork Roast Red Potatoes Club Spinach Fresh Roll Chunky Applesauce ~or~ Roast Beef Sandwich with Side Salad	Country Chicken and Gravy Egg Noodles Oregon Bean Medley Stewed Tomatoes Tropical Fruit ~or~ Seafood Salad

To order home delivered meals, call (760) 639-6162. Suggested contribution for a home delivered meal is \$4.00.

No eligible person shall be denied a meal because of failure or inability to contribute.